



SPA MENU SERVICES

MESSAGES

RELAXING

Nurturing firm touch increases circulation while releasing muscle tension. Promotes body movement, relaxation and well-being.

DEEP TISSUE:

Special technique that combines stretching and a deep pressure massage that helps to reduce muscle tension and eliminate stress.

SPORT MASSAGE:

Special technique that helps to energize your mind, body and spirit leaving your emotion equally balanced.

AROMATHERAPY:

Soothing massage that specializes in calming mind and body with the combination of aromatherapy, scented oils and relaxing massage

THERAPEUTIC

This massage is ideal to relieve muscular tension, mental fatigue helping soothe the body, mind and spirit. Restoring massage that employs various techniques like acupressure, reflexology and body stretching to achieve a deep therapeutic effect helping to reduce stress, improves circulation and joint mobility.

PRENATAL

During pregnancy several discomforts and changes can happen to a woman's body. A special massage pillow is used to accommodate the needs of our pregnant moms to be. Additional care and support is given to these very special ladies in your life. She will leave rested, pampered and stress-free.

REFLEXOLOGY

Reflexology helps improve circulation and can help in discomforts such as headaches and stomach alignments. A natural and non-medical approach to helping the body.

LYMPHATIC DRAINAGE

Lymphatic massage helps to unclog the lymph system. Beginning in a clockwise motion on the body, the lymph system is manually cleansed. Best performed in a series of six, or as part of a full detoxification program, this form of massage helps the body to heal itself from many common maladies. As with most massage, it is vital to drink lots of water after a lymphatic massage. Excellent after surgery.

STONE THERAPY

Allow the deep, penetrating heat of volcanic basalt stones melt the tension away. Relax while the therapist adds heat to the muscles, which enhances relaxation, circulation and healing process of a therapeutic massage. This modality can combine energy work to help balance the body. Perfect for those wanting a super-deep tissue massage to help stubborn muscles release and relax.

SHIATSU:

Oriental therapy based on finger pressure over specific points along the energy pathways or meridians. Helping to improve energy flow and vitality on body organs.

THAI

Traditional Thai Massage can look back at a long history of therapeutic healing. Through compressions, pressure on specific points and stretches to release blockages, a free flow of energy is restored. Bringing inner balance and a profound sense of wellness for body mind & spirit.

BODY TREATMENT

DETOX

This treatment begins with a soothing relaxing-massage given to the back, abdomen and feet, followed by the application of self heating mud mask which is placed along the spine, abdomen and feet. While you are wrapped, get a wonderful relaxing, head & face massage. Not recommended for hyperthyroid conditions.

HYDRATING

A revitalizing, invigorating treatment that refines the surface of the skin by exfoliating dead cells, with a rich and smooth creamy scrub, leaving your skin with a healthy shiny glow. The exceptional active ingredients of this mixture help to nourish and revitalize the skin.

FACIALS

HYDRATING FACIAL

It brings back energy and vitality to your tired skin, helping and making it stronger against pollution, stress and the free radical. Making your skin radiant, revitalizing and moisturizing, giving your skin a natural aspect.

ANTI-AGE FACIAL

Is an anti-aging, anti-wrinkle, regenerative, reaffirming with the actives that act upon the deepest layers of the dermis regenerating and revitalizing the production of the collagen and elastin fibers. Light extraction in case is needed.

DEEP CLEANSING FACIAL

The deep cleansing facial's purpose is to fasten the process of renovation of your skin by eliminating all dead cells. This facial extracts blackheads, pimples and acne in general that are in a more advanced stage, it also helps to balance the PH of your skin also giving your skin a lighter tone.

HAND & FEET CARE

MANICURE

Spa manicure that promises to soothe revitalizes and restores your hands and your soul. Give your hands a beautiful, natural and lasting appearance with this incredible deluxe manicure. This Treatment initiates with a hand exfoliation, continuing with the traditional manicure and followed by the application of a nurturing product that will leave your hands smooth and hydrated.

PEDICURE

It is an experience for your feet that touches your spirit and soothes every fiber of your being. This treatment initiates with a foot exfoliation, and special aromatic mask & foot massage.